

## LNN - Ledernes Netverk i Norden

Contract regarding LNN conference Faroe Island 30. and 31. of May 2024



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## Introduction:

I have worked over 30 years in health care as a nurse, head nurse, nursing director, director of hospital area and today I work as a director of Internal Medicine Services in Helsinki University Hospital. I am also an Adjunct Professor in Turku University. My research interests are especially psychiatric and mental health nursing, developing work methods for dealing with aggressive and violent patients, alternatives to the use of coercion, customer satisfaction, personnel well-being at work, management, and service system development.

## **Headline of presentation:**

The challenges of nursing management in the spotlight of solutions:

In my presentation at the conference, I'll describe some key factors in the solutions. They are, for example, staff competence and well-being including training, mentoring and development of work methods and operational culture, coaching and present management, multiprofessional working group, service system development and social influence.